# SAILING INSTRUCTIONS



# Ford Yacht Club SOLO Race June 17, 2024



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- 1.1 The series shall be governed by the *rules* as defined in the current *Racing Rules of Sailing* (RRS).
- Competing boats are recommended to comply with the World Sailing Offshore Special Regulations Category 4

  (http://www.sailing.org/tools/documents/OSR2016Mo404012016-[19873].pdf)
- 1.3 Competitors shall wear personal flotation devices at all time while racing, except briefly while changing or adjusting clothing or personal equipment. This changes Rule 40.

## 2 NOTICE TO COMPETITORS AND INFORMATION MEETING(S)

- Notices to competitors will be posted on the official notice board, located at the Ford Yacht Club's Peg Spriggs Pavilion near the fuel dock in the West Basin.
- There will be a general competitors' meeting on the day of racing at 1700 hours at the Ford Yacht Club Peg Spriggs Pavilion.

### 3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 1630 hours on the day of the race on the FYC notice board located at the Peg Spriggs Pavillion..

# 4 SIGNALS MADE ASHORE

- **4.1** Signals made ashore will be displayed from a pole located near the Ford Yacht Club Peg Spriggs Pavilion.
- 4.2 Flag D with one sound means 'The warning signal will be made not less than 60 minutes after flag D is displayed.' [Boats are requested not to leave the harbor until this signal is made.]

## 5 SCHEDULE OF RACES

5.1 The scheduled first warning signal of racing shall be 1830 hrs.

## 6 CLASS FLAG

Class Flag
PHRF-LE Jib & Main Blue

#### 7 RACING AREA

Attachment A shows the location of the racing areas.

## 8 THE COURSES

- 8.1 The diagrams in Attachment A shows the available courses, the corresponding signal that the race committee signal boat will use to identify that a course has been selected, the order in which the marks are to be passed, the side on which each mark is to be left, and approximate course lengths.
- 8.2 No later than the warning signal, the race committee signal boat will display the corresponding signal identified in Attachment A for what course has been selected.

### 9 MARKS

9.1 All marks are white cylinders with orange reflective tape around the identification letter(s).

## 10 THE START

- 10.1 Races will be started using rule 26 with the warning signal made 5 minutes before the starting signal.
- The starting line will be between a staff displaying an orange flag on the race committee signal boat and the course side of the starting mark as described in Attachment A.
- Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

### 11 THE FINISH

The finishing line will be between a staff displaying an orange flag on the signal boat and the course side of the finishing mark as described in Attachment A.

#### 12 PENALTY SYSTEM

For all classes, the two-turns penalty is replaced by the one-turn penalty. *This changes RRS 44.1* 

### 13 TIME LIMITS AND TARGET TIMES

There is no time limit for this race. Target time for this race is  $1 \frac{1}{2}$  hours.

### 14 PROTESTS AND REQUESTS FOR REDRESS

- Protest forms are available in the Ford Yacht Club lobby and <a href="www.ussailing.org">www.ussailing.org</a>.

  Protests and requests for redress or reopening shall be delivered to a sail committee member, mailbox on the official notice board, sail committee mailbox in the Ford Yacht Club lobby within the appropriate time limit.
- 14.2 For each class, the protest time limit is 2 hours after the last boat has finished for that boats class.
- Notices will be posted no later than 24 hours after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, the location of which shall be posted on the official notice board, beginning at the time posted.
- Notices of protest by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b)

## 15 SAFETY REGULATIONS

- Boats shall check in by hailing their mainsail numbers to the RC signal boat before the start of the first race.
- 15.2 A boat that retires from a race shall notify the RC as soon as possible.

### 16 RADIO COMMUNICATION

On board VHF radios are required for monitoring purposes. The RC will be monitoring VHF channel 71.

## 17 AWARDS

17.1 Awards shall be presented at the FYC Awards Night.

### 18 Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

#### 19 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum coverage of \$300,000 (USD) per incident or the equivalent.